

## Goal Setting Edition

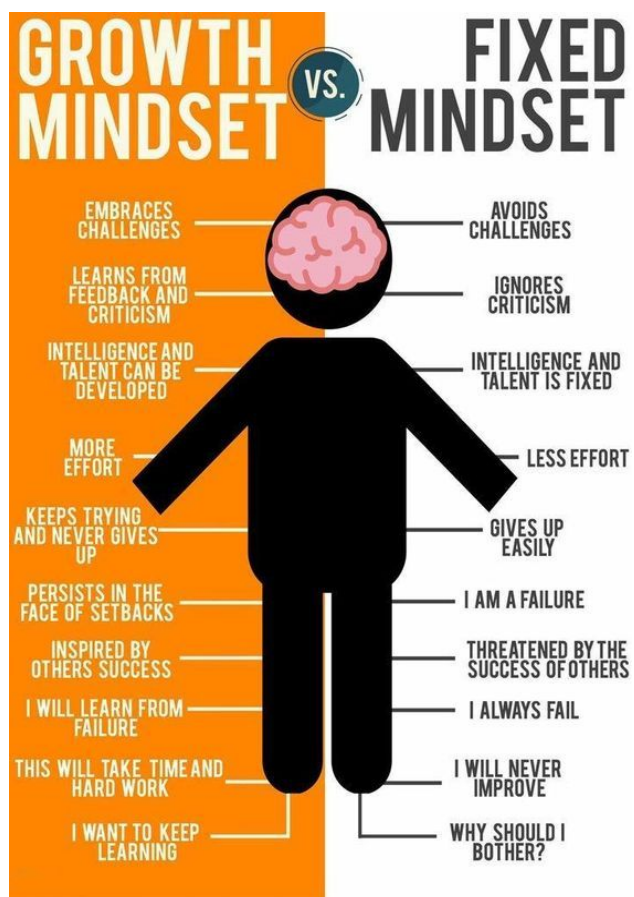
### OUR TEAM

K-5 Counselor: Zac MacLean [zmaclean@eagleridgeacademy.org](mailto:zmaclean@eagleridgeacademy.org)

K-5 Student Support: Melissa Madson [mmadson@eagleridgeacademy.org](mailto:mmadson@eagleridgeacademy.org)

6-8 Counselor: Jean Soule [jsoule@eagleridgeacademy.org](mailto:jsoule@eagleridgeacademy.org)

9-12 Counselor: Nicole Cecka [ncecka@eagleridgeacademy.org](mailto:ncecka@eagleridgeacademy.org)



### What is a growth mindset?

the belief that you are in control of your own ability, and can learn and improve

### Why is it important?

you need to believe in yourself in order to accomplish anything

### It's a skill!

the more you practice, the easier it is

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# Setting Goals for Yourself

<b>My Distance Learning goal is...</b>	<b>My friendship goal is...</b>	<b>An adventure I want to have is...</b>
<b>Something new I want to try is...</b>	<b>Something active I want to do is...</b>	<b>Something I want to practice is...</b>
<b>Someone I want to help is...</b>	<b>Something I want to make is...</b>	<b>Something I have already done that I am proud of is...</b>


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**HAVE THE COURAGE  
TO BE IMPERFECT.**

**ALFRED ADLER**

**Setting goals and having a growth mindset is about TRYING, not being perfect. It is okay if a goal is not met the first time. You can always keep trying. If a goal doesn't get accomplished, think about why. What happened? What could you do differently next time? Who might be able to help you? With a growth mindset, you are always able to keep working toward your goal.**



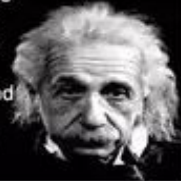
# FAMOUS FAILURES

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Failed in business three times and failed campaigning seven times prior to becoming President of the United States

He did not speak until he was four years old. His parents thought he was "sub-normal." He was expelled from school and his teachers described him as "mentally slow,"



Michael Jordan was cut from his high school basketball team for a "lack of skill."



Bill Gates was a Harvard University dropout and his first business, Traf-O-Data, was a failure.



Thomas Edison's teachers told him he was "too stupid to learn anything."

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At 30 years old he was left devastated and depressed after being unceremoniously removed from the company he started.



She had a rough and abusive childhood and was fired from her job as a reporter because she was "unfit for TV."



Rejected by Decca Recording studios, who said "we don't like their sound" "They have no future in show business"



Marilyn Monroe was dropped by 20th Century-Fox after one year because her producer told that she wasn't pretty or talented enough to be an actress.



Fired from a newspaper for "lacking imagination" and having "no original ideas".



Henry Ford was a failure at three businesses before finally succeeding with Ford Motor Company at age 53.



Colonel Hardland David Sanders (KFC) couldn't sell his chicken. More than 1,000 restaurants rejected him.



Stephen King's first book, Carrie was rejected 30 times. He proceeded to throw it in the trash.



Soichiro Honda was passed over for an engineering job at Toyota and left unemployed.



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J.K. Rowling was unemployed, divorced and raising a daughter on social security while writing the first Harry Potter novel. Her novel "Harry Potter" was rejected by 12 publishing houses.



## IF YOU YOU HAVE NEVER FAILED YOU'VE NEVER TRIED ANYTHING NEW